



BODY & SOUL

Spa Lounge

SPA menu

Body & Soul Spa Lounge

Massages

Classic Full-Body Massage

A relaxing full-body massage with gentle to moderate pressure, designed to release muscle tension and promote overall well-being.

50 min. / 60.00 € / 117.35 lv.

Partial / Targeted Massage

A smoothing, targeted massage tailored to your needs, concentrating on the back or a selected area to gently relax the muscles.

25 min. / 35.00 € / 68.45 lv.

Recovery Full-Body Massage

A customized full-body massage designed to support recovery concentrating on problem areas and muscle imbalances.

60 min. / 70.00 € / 136.91 lv.

Winter Warming Massage with Scented Candle

A gentle, warming massage with aromatic candle oils to soothe the body, calm the mind, and induce deep relaxation.

60 min. / 80.00 € / 156.47 lv.

Deeply Hydrating Massage

A luxurious full-body massage with pure Monoi oil, deeply hydrating the skin while relaxing muscles and restoring vitality.

60 min. / 85.00 € / 166.25 lv.

Deep Tissue Massage

A firm-pressure full-body massage designed to release tension, improve circulation, and restore muscle vitality.

50 min. / 70.00 € / 136.91 lv.

Hot Stone Massage

A deeply relaxing treatment using gently warmed basalt stones to soothe muscles, promote calm, and enhance overall comfort.

60 min. / 80.00 € / 156.47 lv.

Sports Massage

Dynamic full-body massage combining intensive techniques with guided movement and stretching.

50 min. / 65.00 € / 127.13 lv.

Revitalizing Honey Back Massage

A soothing back treatment with warm honey promoting detoxification, lymphatic circulation, and ultimate relaxation.

30 min. / 45.00 € / 88.01 lv.

Back, Neck & Head Massage

A deeply relaxing massage targeting the back, neck and scalp to release tension, stimulate circulation, and restore balance and vitality.

30 min. / 50.00 € / 97.79 lv.



Body & Soul Spa Lounge

Massages

Anti-Cellulite Massage

A revitalizing massage combining rhythmic movements and kneading to improve circulation, break down tension, and enhance skin texture.

30 min. / 50.00 € / 97.79 lv.

Head Massage

Gentle, targeted techniques on the scalp and neck melt away stress, enhance circulation, and leave you deeply relaxed.

20 min. / 30.00 € / 58.67 lv.

Foot Reflexology

Expert pressure techniques on key foot points help harmonize the body, improve energy flow, and leave you feeling revitalized.

30 min. / 35.00 € / 68.45 lv.

Prenatal Massage

A soothing massage tailored for expectant mothers, relieving back discomfort and supporting overall comfort and well-being.

30 min. / 50.00 € / 97.79 lv.

Children's Massage (up to 12 years)

A gentle, nurturing massage for the back and legs to relax and tone growing muscles. Performed in the presence of a parent for comfort and reassurance.

30 min. / 40.00 € / 78.23 lv.

Soothing Hands Therapy

A calming lymphatic drainage massage for the arms to relieve tension, reduce swelling, and restore a sense of lightness and ease.

30 min. / 35.00 € / 68.45 lv.

Soothing Legs Therapy

A gentle lymphatic drainage massage for the legs to ease tension, reduce swelling, and promote a feeling of lightness and vitality.

30 min. / 35.00 € / 68.45 lv.

Tibetan Sound Therapy

A soothing treatment that fuses gentle touch with the healing sounds of Tibetan singing bowls, promoting profound relaxation and energy alignment.

70 min. / 100.00 € / 195.58 lv.



Body & Soul Spa Lounge

Special Treatments in the Turkish Hammam

Oriental Peeling & Foam Massage

30 min. / 60.00 € / 117.35 lv.

Hürrem – Ladies' Hammam

90 min. / 105.00 € / 205.36 lv.

Indulge in a 30-minute traditional hammam ritual, followed by a brief rest and a 60-minute signature massage in a private treatment suite for ultimate relaxation and rejuvenation.

Sultan – Gentlemen's Hammam

90 min. / 105.00 € / 205.36 lv.

Experience 30 minutes in the traditional hammam, followed by a short pause and a 60-minute tailored massage in a private suite, leaving body and mind deeply refreshed.

Premium Rituals

Body & Soul Ritual

60 min. / 90.00 € / 176.02 lv.

A personalized anti-stress body and face massage with nourishing argan oil, enhanced with client-selected essential oils –lavender, cedarwood, rosemary, ylang-ylang, wild orange, or patchouli – for profound relaxation and harmony.

Luxury Skin Renewal Ritual

90 min. / 95.00 € / 185.80 lv.

Natural sugar and seed exfoliation followed by a nourishing full-body massage with pure jojoba oil, leaving the skin radiant, rejuvenated, and deeply hydrated.

Rhodope Ritual

60 min. / 85.00 € / 166.25 lv.

A themed full-body massage using natural Rhodope herbal oil, promoting relaxation, comfort, and a sense of well-being.

Combined Ritual

90 min. / 105.00 € / 205.36 lv.

A luxurious multi-step treatment beginning with foot reflexology, following into lymphatic drainage, a restorative back massage, and concluding with a soothing head massage, all enriched with shea butter for ultimate relaxation and indulgence.

Horizontal Shower

30 min. / 30.00 € / 58.67 lv.

Experience a full-body hydro-massage with six evenly spaced showers, creating a profoundly relaxing and restorative journey while lying down.

Body & Soul Spa Lounge

Premium Rituals

Rassoul Treatment

An indulgent steam bath combined with a mineral-rich clay body mask, deeply purifying and detoxifying the skin while leaving it velvety, nourished, and exquisitely hydrated.

30 min. / 50.00 € / 97.79 lv.

Therapeutic Ritual

A bespoke massage using bamboo and/or Gua Sha techniques to release tension, dissolve stiffness, and restore fluid mobility, promoting profound relaxation and revitalized energy.

90 min. / 100.00 € / 195.58 lv.

120 min. / 115.00 € / 224.92 lv.

VIP Jacuzzi for Two

A decadent shared experience with candles, fresh fruit, and champagne, designed to awaken the senses and deliver ultimate relaxation and blissful indulgence.

60 min. / 85.00 € / 166.25 lv.

120 min. / 115.00 € / 224.92 lv.

Facial Treatments

Facial, Neck, and Décolleté Massage

A sumptuous treatment that detoxifies, stimulates circulation, tones muscles, and oxygenates the skin. Includes cleansing, gentle exfoliation, a soothing massage, mask, and finishing cream for a radiant, luminous complexion.

45 min. / 35.00 € / 68.45 lv.

Facial Cleansing

A deeply purifying ritual with cleansing, exfoliation, preparation and manual extraction, a soothing mask, and finishing cream, leaving the skin impeccably clean, balanced, and revitalized.

60 min. / 65.00 € / 127.13 lv.

Intensive Hydration Facial

A deeply nourishing facial combining cleansing, gentle exfoliation, and ultrasound-assisted hydrating serum, followed by a revitalizing mask and finishing cream, for soft, supple, and glowing skin.

60 min. / 85.00 € / 166.25 lv.

Microdermabrasion

A sophisticated resurfacing treatment featuring cleansing, gentle exfoliation, and machine-assisted microdermabrasion, enhanced with serum and finishing cream, leaving skin smooth, radiant, and renewed.

30 min. / 35.00 € / 68.45 lv.

Lift Expert Therapy

A high-performance anti-aging facial using advanced technology. Includes cleansing, exfoliation, machine-assisted lifting serum application, mask, and finishing cream to firm, lift, and restore youthful vitality.

60 min. / 95.00 € / 185.80 lv.

Body & Soul Spa Lounge

Facial Treatments

Gua-Sha Facial, Neck & Décolleté Massage

50 min. / 50.00 € / 97.79 lv.

An indulgent treatment with expert Gua-Sha techniques to lift, tone, and refresh the skin while easing tension. Completed with cleansing, a soothing mask, and finishing cream for a rejuvenated glow.

Physiotherapy

Hydromassage Therapy with Essential Oils & Salts

30 min. / 25.00 € / 48.90 lv.

A therapeutic hydro-massage that stimulates blood circulation, eases muscle fatigue, and restores a sense of lightness and well-being.

Sea Salt Foot Bath Therapy

20 min. / 15.00 € / 29.34 lv.

A revitalizing foot treatment that relieves pain and swelling, softens and exfoliates the skin, and supports detoxification for refreshed, energized feet.

Magnetotherapy

20 min. / 25.00 € / 48.90 lv.

A non-invasive therapy utilizing controlled magnetic fields to penetrate deep tissues, muscles, and joints. Supports cellular regeneration, reduces inflammation, and promotes musculoskeletal balance and recovery.

Gonaphoresis - Collagen Therapy

20 min. / 25.00 € / 48.90 lv.

An advanced electromagnetic treatment enhancing transdermal collagen absorption. Improves tissue elasticity, strengthens connective structures, and supports skin and joint integrity without heat or discomfort.

Deep Oscillation Therapy

20 min. / 15.00 € / 29.34 lv.

A precision electrostatic vibration therapy generating biologically effective oscillations in targeted tissues. Promotes lymphatic drainage, relaxes muscles, stimulates tissue repair, and enhances circulation for accelerated recovery.

Compressotherapy /lymphatic drainage/

20 min. / 15.00 € / 29.34 lv.

A targeted therapy combining gentle compression and lymphatic stimulation to optimize fluid balance, reduce tension, and promote deep restorative well-being.

Electrical muscle stimulation

Multifunctional device for body shaping and muscle building of the abdomen, arms, buttocks, hips, thighs and calves.

One zone

30 min. / 75.00 € / 149.69 lv.

Two zones

30 min. / 100.00 € / 195.58 lv.

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Physiotherapy

Radiofrequency Lifting

A non-surgical method for improving the structure of the skin of the face and body.

Eye contour	20 min. / 30.00 € / 58.67 lv.
Face	40 min. / 45.00 € / 88.01 lv.
Face, neck and décolleté	50 min. / 60.00 € / 117.35 lv.

Vacuum face and body shaping device

The device uses a combination of radio frequency and vacuum to detox, remove swelling, stimulate collagen synthesis, and smooth cellulite.

Face - double chin	10 min. / 45.00 € / 88.01 lv.
Thighs one zone	30 min. / 75.00 € / 149.69 lv.
Whole thighs	60 min. / 150.00 € / 293.37 lv.
Stomach	25 min. / 90.00 € / 176.02 lv.
Butt lift	40 min. / 100.00 € / 195.58 lv.
Leggings, breeches, calves or knees	20 min. / 80.00 € / 156.47 lv.

LED epilation

Face	
Upper lip	15.00 € / 29.34 lv.
Chin	20.00 € / 39.12 lv.
Cheekbones	15.00 € / 29.34 lv.
Full face	45.00 € / 88.01 lv.

Body Waxing

Women

Upper Lip	9.00 € / 17.60 lv.
Eyebrows	9.00 € / 17.60 lv.
Underarms	9.00 € / 17.60 lv.
Arms	20.00 € / 39.12 lv.
Full legs	35.00 € / 68.45 lv.
Half legs	18.00 € / 35.20 lv.
Bikini	24.00 € / 46.94 lv.

Men

Back	28.00 € / 54.76 lv.
Arms	25.00 € / 48.90 lv.
Underarms	11.00 € / 21.51 lv.
Full legs	35.00 € / 68.45 lv.
Half legs	24.00 € / 46.94 lv.



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